

ZHS March 2019

Mon

Tue

Wed

Thu

Fri

Menu subject to change	THIS INTSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER			1 Meatball Subs Fries Tossed Salad Fruit Choice Milk Choice
<div style="display: flex; justify-content: space-between; padding: 0 10px;"> 4 5 6 7 BBQ Gr. Chick. Sandwich on Bun Baked Beans Tossed Salad Fruit Choice Milk Choice 8 Homemade Grilled Cheese Tator Tots or Fries Tomato and Cucumber salad Fruit Choice Milk Choice </div> <h1 style="margin: 0;">Mardi Gras</h1>				
11 Red Beans and Sausage Rice Seasoned Greens Tossed Salad Fruit Choice Cornbread Milk Choice	12 Lasagna Broccoli Tossed Salad Fruit Choice Garlic Rolls Milk Choice	13 Meatloaf Mashed Potatoes Peas Tossed Salad Fruit Choice Rolls Milk Choice	14 Baked Chicken Roasted Potatoes Tossed Salad Fruit Choice Rolls Milk Choice	15 Shrimp Creole Rice Corn Fruit Choice Garlic Bread Milk choice
18 Salisbury Steaks and Gravy Mashed Potatoes Tossed Salad Fruit Choice Rolls Milk Choice	19 Taco Soup Corn Lettuce and Tomato Cup Fruit choice Milk choice Salsa, Jalapenos, and Sour Cream, Cheese	20 Pastalaya White Beans Cabbage Tossed Salad Fruit Choice Cornbread Milk Choice	21 Gumbo Rice Potato Salad Seasoned Greens Fruit Choice Crackers Milk choice	22 Fish Sticks Mac & cheese Tossed Salad Fruit Choice Rolls Milk Choice
25 Chicken Tenders Mac and Cheese Tossed Salad Fruit Choice Rolls Milk Choice	26 Corn Dogs Tator Tots Tossed Salad Fruit Choice Milk Choice	27 Chick and Sausage Gravy Rice Broccoli Tossed Salad Fruit Choice Rolls Milk Choice	28 Soft/Crunchy Beefy Taco Pinto Beans Corn Lettuce and Tomato Cup Fruit choice Milk choice Salsa, Jalapenos, and Sour	29 Homemade Grilled Cheese Tator Tots or Fries Tomato and Cucumber salad Fruit Choice Milk Choice